



Palliative Care
New South Wales

2024 State Conference

Customised Agenda

ALLIED HEALTH

31 October – 2 November | Tamworth

(Draft and subject to change)

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THURSDAY 31st OCTOBER
Pre-Conference Workshops / Panels
Welcome Reception
Attendance included for all registered delegates

2:00pm	Registration Opens
2:30pm	Pre-Conference Workshops / Panels Commence

Stream 1	
2:30 – 4:00pm	<p style="text-align: center;"><u>PANEL</u> SWIMMING IN UNCHARTERED WATERS: MENTAL HEALTH CARE AT END OF LIFE FOR CHRONIC DISEASE AND MULTIMORBIDITY</p> <p style="text-align: center;">Led by Hunter New England Health</p> <p>People with pre-existing significant mental health conditions are at greater risk of chronic disease, greater morbidity and mortality, and poorer access to palliative care. Similarly, people with advanced chronic physical illness have high levels of unmet mental health needs. A multidisciplinary panel will comprise clinicians across Hunter New England LHD to discuss existing evidence, experiences and challenges in provision of mental health aspects of care for people with advanced chronic disease and multiple conditions. A district wide clinical service model will be presented including experience over a 12-month period in establishing a dedicated program to provide triage, assessment and evaluation to address unmet psychosocial needs among patients suffering advanced non-malignant disease, and their carer's. Data will be presented regarding service activity and outcomes, along with a panel discussion regarding service challenges, including examples of successful innovation in care of people with multimorbidity and significant mental health needs at end of life across diverse settings.</p> <p style="text-align: center;"><u>Learning Objectives</u></p> <p>Identify the common mental health needs among people with advanced physical illness and the implications for their care.</p> <p>Identify strategies and models of care to improve the recognition of and response to mental health needs in this population including health service collaboration and multidisciplinary approaches, with reference to rural and regional communities.</p>
4:30 – 5:30pm	<p style="text-align: center;"><u>PANEL</u> BRINGING ALLIED HEALTH LEADERSHIP INTO PALLIATIVE CARE</p> <p style="text-align: center;">Led by Illawarra Shoalhaven Local Health District</p> <p>Specialist Allied Health representation in Palliative Care is steadily growing. Services are recognising the need for comprehensive interdisciplinary assessments and management for good quality care. However, with this increase of Allied Health staff working with Specialist Palliative Care services some issues can arise. The difference between access to general Allied Health clinicians versus Specialist Allied Health staff can impact a service's ability to grow and develop and there can be difficulties with governance and escalation pathways for operational or clinical issues. Embedding Allied Health into the model of care of a service requires Allied Health to have a seat at the table. Through investment into Allied Health Leadership in every Palliative Care service we can see patient and cost saving benefits, as well as staff satisfaction.</p>

	<p>This panel will provide reflections on the experience of embedding specialist Allied Health positions and leadership into a Palliative Care community service over a 3-year period.</p> <p style="text-align: center;"><u>Learning Objectives</u></p> <p>Honest reflections on what the experience has been like for both managers and staff.</p> <p>The different experience of being managed by a Specialist Palliative Care Allied Health manager versus a discipline specific Manager.</p> <p>What are the benefits to the medical and nursing professionals and the patients?</p> <p>Concrete strategies for implementing better Allied Health leadership in other services, including reviewing what roles might sit in this space.</p> <p>How does the data, including Palliative Care Outcomes Collaboration (PCOC), reflect the change.</p> <p>Anticipatory versus responsive care in Palliative Care and how Allied Health Leadership drives this.</p>
<p>5:30pm</p>	<p>Workshops / Panels Conclude</p> <p>Welcome Reception commences</p>
<p>7:30pm</p>	<p>Welcome Reception Concludes</p>

FRIDAY 1st NOVEMBER

Day 1 Conference Sessions

Celebration Dinner

Attendance included for all registered delegates

8:00am	Registration Opens
9:00am	Conference Day 1 Commences: Official Opening Session
	Welcome to Country PCNSW President Adress, Felicity Burns In Conversation with Camilla Rowland, CEO, Palliative Care Australia
9:45am	Keynote Speaker: Fiona Lysaught Clinical Nurse Consultant, Hunter New England LHD <i>Finding Your People</i>
10:30am	Morning Tea
11:00am	Keynote Speaker: Dr Kristin Bindley OAM University of Technology Sydney <i>Privilege and precarity: cultivating equity-oriented approaches to dying, caring and grieving.</i>
	Keynote Speaker: Reakeeta Smallwood Senior Lecturer in Nursing, Indigenous and population health, University of Sydney <i>Telling Stories Healing Ways: Aboriginal ways of knowing, being and doing to privilege voices from Community</i>
12:30pm	Lunch
1:30pm	Recommended Concurrent Session: Stream 3 <i>Above & Beyond the Medicine</i>
1:30pm (Poster Pitch)	Allied Health Referrals in Community Palliative Care: Electronic, Mandatory and Specific Sally Connell, Illawarra Shoalhaven Local Health District <i>How do you refer to your allied health disciplines for palliative care clients? Is there many forms? Are there different pathways? Do you know who to refer to and when? Do you think something get missed because you are not sure who should be involved?</i> <i>This poster demonstrates an electronic allied health referral form for community palliative care that is electronic, multidisciplinary and specific! It demonstrates the areas where you can request mandatory referral reasons, uses Palliative care collaborative outcome (PCOC) scores to ensure common language is used and prompts for specific palliative related referral reasons to Allied health.</i>
1:35pm	Creating Moments That Matter. How the Fundamental Principles of Occupational Therapy Facilitate Meaningful Participation and Engagement. Vanessa Orton and Helen Ware, Hunter New England Health <i>This presentation will illustrate the contributions of community Occupational Therapy within Palliative Care and demonstrate that along with equipment prescription, Occupational Therapist are experts at supporting meaningful activities for those approaching the end of their life. Consumer experiences will showcase the</i>

	<i>therapeutic tools and resources that we carry in our tool-bag and demonstrate how holistic, client centred practice and therapeutic use of self, facilitates participation, engagement, and quality in our clients' days.</i>
2:00pm	<p align="center">Transdisciplinary Allied Health: More Than the Sum of its Parts Lauren Johnson, Hunter New England Local Health District & Rebecca Capper, Supportive Care for Chronic Disease - Hunter New England Health</p> <p><i>Transdisciplinary models are a unique way of working and evidence suggests that early identification of symptoms and management can help reduce hospital presentations and reduce the risk of complex grief. This new district wide, allied health service, "Supportive Care for Chronic disease", aims to reduce overlap between professions, increase coordination and collaboration with carers, service providers and GP's, enabling the patient & carer to feel empowered to take control of their last 2yrs of life.</i></p>
2:25pm	<p>More Than Just Food: Empowering Patients Through Community Dietetics Collaborations Toni Peebles, Chronic Disease Palliative Care, RPA Virtual Hospital & Annaliese Nagy, Sydney Local Health District Community Palliative Care</p> <p><i>The value of dietetic care as part of a multidisciplinary palliative care approach is becoming increasingly recognised. Community Palliative Care Dietitians working in Sydney Local Health District have formed a collaborative approach to service development to establish efficient processes and a unified dietetics voice. Key strategies have included establishing clear referral processes, educating the multidisciplinary team and developing palliative-specific educational resources for patients and their families. Processes for collecting and analysing meaningful data are being carefully planned and implemented to ensure a sustainable service.</i></p>
2:50pm (Poster Pitch)	<p>Exploring Speech Pathologists' Confidence Levels and Professional Development Needs in Motor Neurone Disease (MND): An Australian Survey Study Valerie Maynes, St George Hospital</p> <p><i>Join us for this snapshot investigating the confidence levels of speech pathologists (SPs) when supporting people with motor neurone disease (MND) and their professional development needs. The study, based on responses from seventy-two SPs across Australia, utilised an online questionnaire and was analysed using quantitative and qualitative research methods. Gain insights into consumer-driven strategies for enhancing SPs confidence and ultimately improving the quality of care for people with MND.</i></p>
3:00pm	Afternoon Tea
3:30pm	Plenary Session: Person Centred Care in Action
	<p align="center">Thinking Outside the Square: BB, a Case Study Teresa Gillies & Emily McBride, Illawarra Shoalhaven Local Health District</p> <p align="center">Inclusive & Quality Palliative Care to People in Supported Independent Living Environments Neetha Sebastian & Amanda Strudwick, Senior Social Workers, Illawarra Community Palliative Care Service (ISLHD)</p> <p align="center">Q&A Panel</p>
5:00pm	Day 1 Closing Remarks, Felicity Burns, President Palliative Care NSW
5:15pm	Conference Day 1 Concludes
6:15pm	Transfers to Dungowan Station Commence
6:45pm	"Boots & Bling" Celebration Dinner Commences
10:30pm	Celebration Dinner concludes. Transfers back to town.

SATURDAY 2nd NOVEMBER

GP & Nurse Practitioner Breakfast

Day 2 Conference Sessions

Attendance included for all registered delegates

7:30am	GP & Nurse Practitioner Breakfast				
8:15am	Registration Opens				
8:45am	Conference Day 2 Commences Plenary Session				
	Palliative Care NSW CEO Address Kirsty Blades				
	Becoming One: A Positive Journey of Restructure Nikki Carson OAM, Clinical Nurse Consultant Palliative Care, Murrumbidgee Local Health District				
	“Game Changing” Palliative Care reform in Queensland, the statewide doubling of Specialist Palliative Care staffing and resources Dr Andrew Broadbent, Medical Director of the Supportive and Specialist Palliative Services at Gold Coast Health, Co-Chair of the Queensland Health Statewide Palliative Care Network				
	Q&A Panel				
10:00am	Morning Tea				
10:30am	Concurrent Sessions				
	An opportunity to move between different streams & explore a range of topics				
	Stream 1: <i>Inspiring the Way We Care</i>	Stream 2: <i>Appropriate Care for Everybody</i>	Stream 3: <i>Boomers & Beyond</i>	Stream 4: <i>Beyond the Fax</i>	Stream 5: <i>VAD: Year 1 Reflection</i>
10:30am (Poster Pitch)	<i>To be announced</i>	Unstated Assumptions of Consumer Contribution in Palliative Care: A Story Completion Study Zijian Wang , The Australian National University	Are We There Yet? Development of a Consult-Liaison Model for RACFS Susan Jenkins , Illawarra Shoalhaven Local Health District	Hybrid Model of Telehealth in Community Palliative Care Heather Whittall , Calvary Health Care Kogarah	<i>To be announced</i>
10:35am	Escalation of Our Patients Within the Multidisciplinary Team – Right	Feedback-Fuelled Adaptation: Embracing Challenges,	What Does PCOC Know About Specialist Palliative Care Provision in	<i>To be announced</i>	VAD One Year On – A Reflection from a Community

	Clinician, Right Patient, Right Time - Liz Micovska, Ashlie Taylor and Anna Fulford, Illawarra Shoalhaven Local Health District	Inspiring Innovation - Annette Vickery, Palliative Care Australia	Residential Aged Care? - Anita Hartati, Palliative Care Outcomes Collaboration		Palliative Care Nursing Team. - Stacey Diana, Nicole Witt and Nicole Rankin, Hunter New England Local Health District
11:00am	Supportive Care Service: A Multidisciplinary Approach to Managing Chronic Illness in the Last 24 Months of Life - Monita Mesuria, Sarah Watson and Valerie Maynes, St George Hospital	Palliative Care in the Classroom - Amanda Orr and Shirleen Balbir Singh, Hunter New England Local Health District	Improving End-of-Life Care in Residential Aged Care Facilities: The I-Matter Project - Mia Taylen-Smith, University of Technology	Palliative Care of the Future: What Does Artificial Intelligence Tell Us and Should We Listen? - Dr Jo Lewis, Avondale University	Two Worlds Collide – VAD and Palliative Care Co-Existing - Teresa Gillies, Illawarra Shoalhaven Local Health District
11:25am	Motor Neurone Disease and The Allied Health Team. - Anna Fulford and Sally Connell, Illawarra Shoalhaven Local Health District	Coming of Age in Palliative Care: The Burden and Blessing of Caring for a Prematurely Ill Parent - Kelly Chan, Australian Society of Anaesthetists, Karina Chan, The Albion Centre	Experiences of Government-Funded Aged Home Care in the Context of Life-Limiting Illness - Kristen Bindley, University of Technology, UTS Ageing Research Collaborative	Improving How Clinicians Communicate with Patients with Life-Limiting Illness – Immersive Compassion. - Avril Egerton and Angela Hamilton, Western Sydney Local Health District	Navigating Challenges and Complexity in Provision of Voluntary Assisted Dying in a Palliative Care Unit - Holly Pitt and Katie Bray, Parkville Integrated Palliative Care Service - Peter MacCallum Cancer Centre
12:00pm	Closing Plenary Session Special Guest & Keynote Speaker Samantha Bloom Samantha Bloom is a three-time World Para Surfing champion, bestselling author and inspiration behind the #1 Australian box-office, and international global Netflix hit movie, Penguin Bloom starring Naomi Watts. Sam will talk to cultivating resilience, adapting to change and mental health and wellness				
12:45pm	Farewell Lunch with Samantha & Cameron Bloom				
1:45pm	Conference Concludes				