



Palliative Care
New South Wales

2024 State Conference

Appropriate Care for Everybody

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Appropriate Care for Everybody
Concurrent Session: Friday 1st November

1:30pm (Poster Pitch)	<p style="text-align: center;">Defining a Tailored Model of Palliative Care for People with Intellectual Disability: An International Delphi Study Janeane Harlum, South Western Sydney Local Health District</p>
1:35pm	<p style="text-align: center;">Bushfires, Floods and COVID-19 – Lessons from Periods of Disaster Ashlie Taylor and Dina Baytieh, Illawarra Shoalhaven Local Health District</p> <p style="text-align: center;"><i>Health emergency management frameworks ensure clear, standardised response in an emergency situation. Our LHD experienced bushfires, floods, and COVID-19 within a five-year period. The lessons learnt from these emergency events led to improved communication systems, informed and consistent preparedness and response to ensure best care for palliative care patients in the community setting. Maintaining care, connectedness to patients and staff, as well as patient and staff safety and wellbeing drove the development of the systems now in place.</i></p>
2:00pm	<p style="text-align: center;">Optimising Communication in Cancer Care and Palliative Care Settings for Patients Requiring Interpreters Maxine Zhong and Dr Ruwanthie Amanda Fernando, Liverpool Hospital, NSW Health</p> <p style="text-align: center;"><i>Using interpreters adds complexity to challenging palliative care and cancer care conversations. Literature demonstrates the value of pre-briefing interpreters, though no formalised pre-briefing practices exist. We aimed to increase interpreter pre-briefing in palliative and cancer care settings from 26% to 50% in six months, using evidence-based QI strategies. Interventions included multidisciplinary education, clinician reminder systems and mandatory pre-briefing fields at booking. This presentation will also outline future work planned.</i></p>
2:25pm	<p style="text-align: center;">“This is the First Time I Have Dared to Talk Like This” Lillian’s Story of Domestic Violence and Trauma and the Implications for Palliative Care Joan Ryan OAM, Royal Prince Alfred Hospital</p> <p style="text-align: center;"><i>Domestic abuse and trauma are known to affect one in four women and has significant long term health implications. Often described as a 'Silent epidemic', it is hard to determine the actual numbers as many incidents go unreported, some for decades and well into old age. Current mainstream health services lack the awareness required to support elderly patients with a history of traumatic life events. This case study will highlight the complexity of care for a patient who had experienced domestic abuse and trauma as a younger person, will identify barriers to screening for trauma -informed risk factors, will explore the principles of trauma -informed approach, and discuss communication and language barriers.</i></p>
2:50pm (Poster Pitch)	<i>To be announced</i>

Appropriate Care for Everybody
Concurrent Session: Saturday 2nd November

10:30am (Poster Pitch)	<i>To be announced</i>
10:35am	<p style="text-align: center;">Feedback-Fuelled Adaptation: Embracing Challenges, Inspiring Innovation Annette Vickery, Palliative Care Australia</p> <p style="text-align: center;"><i>Palliative Care Australia values are Trusted, Collaborative and Bold; we are dedicated to enhancing paediatric palliative care by prioritising the voice of lived experiences. In the "Shaping the Future of Paediatric Palliative Care Project," we authentically co-design with families and young people, to guide the project activities. Rooted in our Paediatric Palliative Care National Action Plan where we engaged over 150 stakeholders, which included parents, carers and young people, we built trust through genuine co-design, we adapted to feedback and recognised that true collaboration demands putting aside any preconceptions. This presentation will describe the requirements and rewards of this approach.</i></p>
11:00am	<p style="text-align: center;">Paediatric Palliative Care in the Classroom Speaker TBA, Hunter New England Local Health District</p> <p style="text-align: center;"><i>This quality project aimed to identify the needs of children with life-limiting illnesses at the interface of health care and education. Partnerships were formed between health services, families, and schools. Findings revealed that social participation at school was crucial for a child's wellbeing, with parents prioritising it over academic continuity. School staff reported their needs for further training and support for these students. Absenteeism was common, impacting social engagement and curriculum access. This presentation will explore the project and subsequent recommendations to positively impact on child wellbeing and learning outcomes.</i></p>
11:25am	<p style="text-align: center;">Coming of Age in Palliative Care: The Burden and Blessing of Caring for a Prematurely Ill Parent Kelly Chan, Australian Society of Anaesthetists and Karina Chan, The Albion Centre</p> <p style="text-align: center;"><i>Caring for a parent in palliative care is uniquely challenging, especially for young caregivers. This presentation explores the emotional and logistical hurdles faced by young caregivers, highlighting their limited time for skill development, and navigating important life milestones. The urgent need for tailored support services and interventions is evident. Through a combination of personal narrative and research insights, sisters Kelly and Karina shed light on the importance of supporting young caregivers and calls for greater awareness and services for this vulnerable population.</i></p>

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