

PROGRAM

Thursday 31 October Pre-Conference Workshops | Panels | Welcome Reception

2:00pm Registration Opens *Event Centre, Mercure Tamworth*

2:30pm Pre-Conference Workshops / Panels Commence

Stream 1

Max Sharpe Room

Stream 2

Dennis Condon Room

2:30 – 4:00pm **Panel:**
Swimming in Unchartered Waters: Mental Health Care at End of Life for Chronic Disease and Multimorbidity

Led by Hunter New England Health:
Professor Brian Kelly, Psychiatrist; Troy Arnold, Social Worker; Sarah Pullen, Team Leader; Cameron Robson, CNC; Emma McNamara, Palliative Care Educator

Workshop:
Dying at Home & Promoting Social Choices, the Compassionate Community Way

Led by Dr Stephen Ginsborg, Compassionate Communities Australia and Jessie Williams, Proveda

Short break between workshops / panels

4:30 – 5:30pm **Panel:**
Bringing Allied Health Leadership into Palliative Care

Led by Illawarra Shoalhaven Local Health District:
Sally Connell, Allied Health Educator; Anna Fulford, Allied Health Team Leader; Ashlie Taylor Community Nurse Manager; Mira Glavan, Nurse Practitioner; Anita Hartati, UoW PCOC Improvement Facilitator.

Workshop:
Identifying Cultural & Spiritual Needs that Inform End-of-Life Care

Note: This workshop will commence at 4:10pm

Led by Nepean Blue Mountains Local Health District:
Una Turalic, Senior Cross Cultural Development Officer; Emma Dixon, Nurse Educator; David Gillett, Senior Aboriginal Health Worker

5:30pm Welcome Reception Commences *Event Centre, Mercure Tamworth*

7:30pm Welcome Reception Concludes

Friday 1 November Day 1 Conference Sessions | Celebration Dinner

8:00am **Registration Opens** *Event Centre, Mercure Tamworth*

8:30am **Welcome onto Country & Smoking Ceremony** with Uncle Len & Uncle Mark (all welcome)

9:00am Conference Day 1 Commences – Official Opening Session *Blazes Auditorium*

Chair: Felicity Burns, President, Palliative Care NSW

Welcome to Country | Uncle Len & Uncle Mark

Palliative Care NSW President Address | Felicity Burns

In Conversation with... | Camilla Rowland, CEO, Palliative Care Australia

Finding Your People | Keynote Speaker: Fiona Lysaught, Clinical Nurse Consultant, Hunter New England LHD

10:30am Morning Tea *Blazes Auditorium*

11:00am Keynote Session *Blazes Auditorium*

Chair: Emma McNamara, Conference Committee Lead, Hunter New England LHD

Privilege and precarity: cultivating equity-oriented approaches to dying, caring and grieving

Dr Kristin Bindley OAM, University of Technology Sydney

Telling Stories Healing Ways: Aboriginal ways of knowing, being and doing to privilege voices from Community


Dr Reakeeta Smallwood, Senior Lecturer in Nursing, Indigenous and population health, University of Sydney

12:30pm Lunch *Event Centre*

Friday 1 November *cont.*

| 1:30pm Concurrent Sessions | | | | | |
|----------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Stream 1 <i>Max Sharpe Room</i> | Stream 2 <i>Dennis Condon Room</i> | Stream 3 <i>John McClelland Room</i> | Stream 4 <i>Event Centre</i> | Stream 5 <i>Blazes Auditorium</i> |
| | Inspiring the Way We Care | Appropriate Care for Everybody | Above & Beyond the Medicine | Going Above & Beyond in Rural, Regional & Remote Areas | Inspiring the Way We Care |
| | Stream Chair: Nick Roberts, NSW Ministry of Health | Stream Chair: Sandra Sullivan, South Western Sydney LHD | Stream Chair: Dr Philip Hungerford, Tamworth Hospital | Stream Chair: Janelle Sanderson, Orange Health Service | Stream Chair: Emma McNamara, Hunter New England LHD |
| 1:30pm (Poster Pitch) | Supporting Primary Health Professionals to Proactively Plan and Implement Quality Home-Based Palliative Care (01) Jane Stephens, caring@home | Defining a Tailored Model of Palliative Care for People with Intellectual Disability: An International Delphi Study (02) Janeane Harlum, South Western Sydney Local Health District | Allied Health Referrals in Community Palliative Care: Electronic, Mandatory And Specific (03) Sally Connell, Illawarra Shoalhaven Local Health District | The Wolf Pack (04) Bruce Adams, Specialist Palliative Care Northern NSW Local Health District | Carer Burden Due to Chronic Breathlessness: A Hypothesis-Generating Study (05) Tim Lockett, University of Technology Sydney |
| 1:35pm | Setting Ourselves Up for Success Regardless of the Setting! National Palliative Care Standards (06) Chelsea Menchin, Palliative Care Australia | Bushfires, Floods and COVID-19 - Lessons from Periods of Disaster (07) Ashlie Taylor and Dina Baytieh, Illawarra Shoalhaven Local Health District | Creating Moments That Matter. How the Fundamental Principles of Occupational Therapy Facilitate Meaningful Participation and Engagement (08) Vanessa Orton and Helen Ware, Hunter New England Health | “What a CAN-DO Attitude Achieves in Rural and Remote Palliative Care” - A Case Study (09) Julie Edwards, Far West Specialist Palliative Care Service | The ACT Breathlessness Intervention Service (ABIS): A New Partnership Model of Community Care (10) Tim Lockett and Domenica Disalvo, IMPACCT, Faculty of Health, UTS |
| 2:00pm | Foster Innovation in Australian Palliative Care Services: An Evaluation of the SPHERE-Stanford Quality Improvement Collaborative Program (11) Domenica Disalvo, IMPACCT, Faculty of Health, UTS | Optimising Communication in Cancer Care and Palliative Care Settings for Patients Requiring Interpreters (12) Maxine Zhong and Dr Ruwanthie Amanda Fernando, Liverpool Hospital, NSW Health | Transdisciplinary Allied Health: More Than the Sum of its Parts (13) Lauren Johnson and Rebecca Capper, Supportive Care for Chronic Disease - Hunter New England Health | Last Days Program - Improving Death Literacy in Regional and Rural NSW (14) Jon SanMartin and Maria Cambitzi, HammondCare | Delirium-Related Distress in Hospital: A Scoping Review and Concept Analysis (15) Kimberley Campbell, University of Technology Sydney |
| 2:25pm | New Graduate Nurse, Introduction to Palliative & End of Life Care Workshop (16) Therese Smeal, South Western Sydney Local Health District | “This is the First Time I Have Dared to Talk Like This” Lillian’s Story of Domestic Violence and Trauma and the Implications for Palliative Care (17) Joan Ryan OAM, Royal Prince Alfred Hospital | More Than Just Food: Empowering Patients Through Community Dietetics Collaborations (18) Toni Peebles, Chronic Disease Palliative Care, RPA Virtual Hospital Annaliese Nagy, Sydney Local Health District Community Palliative Care | Growing a ‘Grief Companion’ Volunteer Program (19) Bianka Eifler, NSW Health, Illawarra Shoalhaven Local Health District | Driven to Change, The Sequel (20) Mira Glavan and Dina Baytieh, Illawarra Shoalhaven Local Health District |

Friday 1 November *cont.*

| | Stream 1 <i>Max Sharpe Room</i> Inspiring the Way We Care | Stream 2 <i>Dennis Condon Room</i> Appropriate Care for Everybody | Stream 3 <i>John McClelland Room</i> Above & Beyond the Medicine | Stream 4 <i>Event Centre</i> Going Above & Beyond in Rural, Regional & Remote Areas | Stream 5 <i>Blazes Auditorium</i> Inspiring the Way We Care |
|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2:50pm (Poster Pitch) | Palliative Care is Delivered Everywhere: An Education Program for Nurses in an Acute Hospital Setting (21) Melissa Heufel, Illawarra Shoalhaven Local Health District | Meeting the Growing Demand for Palliative Care in Residential Aged Care Facilities (RACF): Are we ready? (22) Michelle Leung-Cheng, South Eastern Sydney Local Health District | Speech Language Pathologists' Confidence Levels and Professional Development Needs in Motor Neuron Disease (MND): An Australian Survey (23) Valerie Maynes, St George Hospital | Emotional Design for the Tamworth Hospital Palliative Care Unit (24) Connie Matthews, Hunter New England Local Health District | What's in a Meal? Investigating the Non-Physiological Factors Influencing Malnutrition in Advanced Liver Disease (25) Jessica Orman, Hunter New England Local Health District |
| 3:00pm | Afternoon Tea <i>Event Centre</i> | | | | |
| 3.45pm | Keynote Session: Person Centred Care in Action <i>Blazes Auditorium</i> | | | | |
| | Chair: Scott Read, PCNSW Committee Member, Calvary Health Care Kogarah Thinking Outside the Square: BB, a Case Study Teresa Gillies, Nurse Practitioner & Emily McBride, Clinical Nurse Specialist, Illawarra Shoalhaven Local Health District Inclusive & Quality Palliative Care to People in Supported Independent Living Environments Neetha Sebastian & Amanda Strudwick, Senior Social Workers, Illawarra Community Palliative Care Service (ISLHD) Q&A Panel | | | | |
| 4:50pm | Day 1 Closing Remarks Felicity Burns, President, Palliative Care NSW | | | | |
| 5:00pm | Conference Day 1 Concludes | | | | |
| 6:00pm | Transfers to Dungowan Station Commence (<i>see bus transfer information below</i>). | | | | |
| 6:45pm | "Boots & Bling" Celebration Dinner Commences | | | | |
| | Conference dinner proudly sponsored by  | | | | |
| 10:45pm | Celebration Dinner concludes. Transfers back to town. | | | | |

Bus transfers

| Departure time | Departing from: | Suitable for those staying at: |
|----------------|---------------------------|----------------------------------------------------------------------------------------------------------------------|
| 6:00pm | ibis Styles Tamworth | ibis Styles Tamworth, Quality Inn Ashby House |
| 6:05pm | Roydons Motor Inn | Roydons Motor Inn, Cadman Motor Inn |
| 6:15pm | Mercure Hotel Tamworth | Mercure Hotel Tamworth |
| 6:15pm | CH Boutique Hotel | CH Boutique Hotel |
| 6:15pm | Econo Lodge Gateway | Econo Lodge Gateway, Tamworth Motor Inn & Cabins, Town & Country Motor Inn, Best Western Plus All Settlers Motor Inn |
| 6:20pm | Powerhouse Hotel Tamworth | Powerhouse Hotel Tamworth, Quest Tamworth, Best Western Sanctuary Inn |

If your hotel is not listed, please just choose the nearest location to catch the bus from.

Saturday 2 November GP & Nurse Practitioner Breakfast | Day 2 Conference Sessions

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| 7:30am | GP & Nurse Practitioner Breakfast <i>Dennis Condon Room (Pre-booking required)</i> | | | | |
| | Chair: Megan Asbury, Deputy CEO, Palliative Care NSW Featuring Dr Casey Sullivan, GP, and 2024 NSW Aboriginal Woman of the Year and Kate Ryan, Nurse Practitioner (NP). Dr Sullivan has the first Indigenous privately-owned and managed GP practice in NSW, which is in Tamworth. Kate is a NP with Hunter New England Health, and Hunter Primary Care for an aged care pilot project. | | | | |
| 8:15am | Registration & Exhibition Opens <i>Event Centre</i> | | | | |
| 8:45am | Conference Day 2 Commences – Keynote Session: Embracing Challenges and Inspiring Innovation <i>Blazes Auditorium</i> | | | | |
| | Chair: Kirsty Blades, CEO, Palliative Care NSW Palliative Care NSW CEO Address Kirsty Blades Becoming One: A Positive Journey of Restructure Nikki Carson OAM, Clinical Nurse Consultant Palliative Care, Murrumbidgee Local Health District “Game Changing” Palliative Care reform in Queensland, the statewide doubling of Specialist Palliative Care staffing and resources Dr Andrew Broadbent, Medical Director of the Supportive and Specialist Palliative Services at Gold Coast Health, Co-Chair of the Queensland Health Statewide Palliative Care Network Q&A Panel | | | | |
| 9:50am | Morning Tea <i>Event Centre</i> | | | | |
| 10:20am | Concurrent Sessions | | | | |
| | Stream 1 <i>Event Centre</i> | Stream 2 <i>John McClelland Room</i> | Stream 3 <i>Max Sharpe Room</i> | Stream 4 <i>Dennis Condon Room</i> | Stream 5 <i>Blazes Auditorium</i> |
| | Inspiring the Way We Care | Appropriate Care for Everybody | Boomers & Beyond | Beyond the Fax | VAD: Year 1 Reflection |
| | Stream Chair: Fiona Lysaught, Hunter New England LHD | Stream Chair: Therese Smeal, South Western Sydney LHD | Stream Chair: Felicity Burns, HammondCare | Stream Chair: Merryl Chaffey, Hunter New England LHD | Stream Chair: A/Prof. Nicole Sutton, UTS |
| 10:20am (Poster Pitch) | Tracking the Post-COVID Recovery of Palliative Care Volunteer Services in NSW (26) Kate Bowman, Palliative Care NSW | Unstated Assumptions of Consumer Contribution in Palliative Care: A Story Completion Study (27) Zijian Wang, The Australian National University | Development of a Consult-Liaison Model for RACFS, Are We There Yet? (28) Susan Jenkins, Illawarra Shoalhaven Local Health District | Hybrid Model of Telehealth in Community Palliative Care (29) Heather Whittall, Calvary Health Care Kogarah | Interactive Stream Introduction- What Have Been Your Reflections in Year 1? (30) |
| 10:25am | Escalation of Our Patients Within the Multidisciplinary Team – Right Clinician, Right Patient, Right Time (31) Liz Micovska, Ashlie Taylor and Anna Fulford, Illawarra Shoalhaven Local Health District | Feedback-Fuelled Adaptation: Embracing Challenges, Inspiring Innovation (32) Annette Vickery, Palliative Care Australia | What Does PCOC Know About Specialist Palliative Care Provision in Residential Aged Care? (33) Anita Hartati, Palliative Care Outcomes Collaboration | PatientVR: Transforming Healthcare with Immersive Virtual Reality Experiences (34) Mike Vasavada, Mobiddiction | VAD One Year On – A Reflection from a Community Palliative Care Nursing Team (35) Stacey Diana, Nicole Witt and Nicole Rankin, Hunter New England Local Health District |

Saturday 2 November *cont.*

| | Stream 1 <i>Event Centre</i> | Stream 2 <i>John McClelland Room</i> | Stream 3 <i>Max Sharpe Room</i> | Stream 4 <i>Dennis Condon Room</i> | Stream 5 <i>Blazes Auditorium</i> |
|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | Inspiring the Way We Care | Appropriate Care for Everybody | Boomers & Beyond | Beyond the Fax | VAD: Year 1 Reflection |
| 10:50am | Supportive Care Service: A Multidisciplinary Approach to Managing Chronic Illness in the Last 24 Months of Life (36) Monita Mesuria, Sarah Watson and Valerie Maynes, St George Hospital | Palliative Care in the Classroom (37) Amanda Orr and Shirleen Balbir Singh, Hunter New England Local Health District | Improving End-of-Life Care in Residential Aged Care Facilities: The I-Matter Project (38) Mia Taylen-Smith, University of Technology | Palliative Care of the Future: What Does Artificial Intelligence Tell Us and Should We Listen? (39) Dr Jo Lewis, Avondale University | Two Worlds Collide – VAD and Palliative Care Co-Existing (40) Teresa Gillies, Illawarra Shoalhaven Local Health District |
| 11:15am | Motor Neurone Disease and The Allied Health Team (41) Anna Fulford and Sally Connell, Illawarra Shoalhaven Local Health District | Coming of Age in Palliative Care: The Burden and Blessing of Caring for a Prematurely Ill Parent (42) Kelly Chan, Australian Society of Anaesthetists, Karina Chan, The Albion Centre | Experiences of Government-Funded Aged Home Care in the Context of Life-Limiting Illness (43) Kristen Bindley, University of Technology, UTS Ageing Research Collaborative | Improving How Clinicians Communicate with Patients with Life-Limiting Illness – Immersive Compassion (44) Avril Egerton and Angela Hamilton, Western Sydney Local Health District | Navigating Challenges and Complexity in Provision of Voluntary Assisted Dying in a Palliative Care Unit (45) Holly Pitt and Katie Bray, Parkville Integrated Palliative Care Service, Peter MacCallum, Cancer Centre |
| 11:40am | Move back into Blazes Auditorium for Special Guest & Closing Keynote Speaker | | | | |
| 11:50am | Closing Keynote Session <i>Blazes Auditorium</i> | | | | |
| | Special Guest & Keynote Speaker, Samantha Bloom Samantha Bloom is a four-time World Para Surfing champion, bestselling author and inspiration behind the #1 Australian box-office, and international global Netflix hit movie, Penguin Bloom starring Naomi Watts. Sam will talk to cultivating resilience, adapting to change and mental health and wellness. | | | | |
| 12:30pm | Farewell Lunch with Samantha & Cameron Bloom <i>Event Centre</i> | | | | |
| 1:30pm | Conference Concludes | | | | |
| | Optional casual dinner for those staying in Tamworth (own cost) Meet at “The Tamworth” Hotel beer garden anytime after 6:00pm (147 Marius St, Tamworth) | | | | |

VIEW ONLINE



Program, Executive Summaries and Speaker Bios