PROGRAM

MONDAY 19 OCTOBER

Pre-Conference Workshops / Panels / Welcome Reception

1:00pm	**REGISTRATION OPENS** Ground Floor Foyer, Sydney Masonic Centre		
1:15pm	**PRE-CONFERENCE WORKSHOPS / PANELS COMMENCE**		
1:15 – 2:45pm	**WORKSHOP 1** Corinthian Room		**PANEL 1** Doric Room
	FROM STANDARDS TO PRACTICE: EXPLORING THE NATIONAL PALLIATIVE CARE STANDARDS WITH PACSA **Led by Kate Ritchie and Chelsea Menchin** Palliative Care Australia		**WE'RE NOT TALKING ABOUT THIS ENOUGH: COMMUNITY VOICES ON DEATH, GRIEF AND CARE** **Led by Danni Petkovic** Liminal Being **Jill Nash** Community Advocate and Volunteer, Ageing and Dying Well Advocate **Sally Douglas** Good Mourning **Richard Boele** Father, Bereaved Parent and Lived Experience Advocate **John Milham** Men's Wellbeing Advocate, Compassionate Connector, Men's Coach, Suicide Prevention Trainer
2:45pm	**AFTERNOON TEA BREAK** Ground Floor Foyer		
3:15 – 5:15pm	**WORKSHOP 2** Corinthian Room	**WORKSHOP 3** Doric Room	**WORKSHOP 4** Ionic Room
	JUST INCLUDE ME: SUPPORTING PEOPLE WITH INTELLECTUAL DISABILITY WITH PALLIATIVE CARE, DYING AND GRIEF **Led by Rana Karakus and Robert Lewis** Council for Intellectual Disability	**WHEN WORDS MATTER MOST: COMMUNICATION AND CULTURAL SAFETY IN PALLIATIVE CARE** **Led by Una Turalic** Northern Sydney Local Health District & NSW Transcultural Mental Health Centre **David Gillet** and **Emma Dixon** Nepean Blue Mountains Local Health District	**EVIDENCE-BASED THERAPIES FOR BREATHLESSNESS ARE ALL NON-PHARMACOLOGICAL – HERE'S HOW YOU USE THEM** **Led by Mary Roberts** Westmead Hospital **Dr Ester Klimkeit** Westmead Hospital **Heather Stephenson** Westmead Hospital **Muneeba Chaudhry** IMPACCT, University of Technology Sydney **Dr Tracy Smith** Westmead Hospital **Bronwen Hewitt** Liverpool Hospital
5:15pm	**WELCOME RECEPTION COMMENCES** Marble Foyer, Sydney Masonic Centre		
7:00pm	**WELCOME RECEPTION CONCLUDES**		

PROGRAM

TUESDAY 20 OCTOBER
Day 1 Conference Sessions / Celebration Dinner

8:30am

REGISTRATION OPENS
Marble Foyer, Sydney Masonic Centre

ARRIVAL TEA & COFFEE
Banquet & Exhibition Hall

9:00am

CONFERENCE DAY 1 COMMENCES

OFFICIAL OPENING KEYNOTE
CULTURE, CONNECTION AND VOICE
Grand Lodge

Chair: Felicity Burns
President, Palliative Care NSW

ACKNOWLEDGEMENT TO COUNTRY

Lauren Henry
Yirra Miya

CULTURE, CONNECTION AND VOICE

Storytellers

Allison McLaughlin
Nurse Practitioner, Palliative Care, Mid North Coast Local Health District

Cynthia Younie
Senior Aboriginal Health Worker, Palliative Care, Mid North Coast Local Health District

Aunty Jacqueline Smith (Ben's aunty), Kristy Fernando (Ben's sister), and Renshaya Sines (Ben's daughter)
South West Rocks Figtree descendants.

10:30am

MORNING TEA
Banquet & Exhibition Hall

11:00am

KEYNOTE SESSION: SHAPING THE FUTURE TOGETHER
Grand Lodge

Chair: Kirsty Blades
CEO, Palliative Care NSW

SHAPING THE FUTURE OF PALLIATIVE CARE: WHAT THE DATA TELLS US AND WHERE TO NEXT

Associate Professor Chris Schilling
Health Economist and Palliative Care Economics Lead, University of Melbourne

BUILDING END OF LIFE AND PALLIATIVE CARE CAPABILITY IN THE NSW HEALTH WORKFORCE

Dr Kate Kennett
Senior Policy Officer, End of Life and Palliative Care, Priority Populations Unit, NSW Health

EXPLORING THE IMPACT OF PALLIATIVE CARE VOLUNTEERING IN NSW

Dr Patricia Mackey
Senior Lecturer and Researcher, Charles Sturt University

PUBLIC HEALTH APPROACHES TO PALLIATIVE CARE: STRENGTHENING COMMUNITIES AND BUILDING DEATH LITERACY

Dr Kerrie Noonan
Senior Research Fellow and Adjunct Associate Professor, Public Health Palliative Care Unit, La Trobe University and Director of Research, Western NSW Local Health District

EXPERT PANEL

Dr Meera Agar
End of Life and Palliative Care Senior Clinical Advisor, NSW Health

Sabina Clapham
Director, Palliative Care Outcomes Collaboration (PCOC+)

Professor Deb Parker AM
Co-Director, UTS Ageing Research Collaborative

Charlotte Brown
Clinical Nurse Consultant, Dementia Australia

12:30pm

LUNCH
Banquet & Exhibition Hall

TUESDAY 20 OCTOBER
(continued)

	CONCURRENT SESSIONS Ground Floor			
	STREAM 1 Ionic Room	**STREAM 2** Doric Room	**STREAM 3** Tuscan Room	**STREAM 4** Corinthian Room
1:30pm	**SUPPORTIVE CARE: BEYOND THE HOSPITAL** Stream Chair: **Cathy McDonnell**	**PALLIATIVE CARE IN AGED CARE** Stream Chair: **Bronwen Hewitt**	**CONNECTED CARE: MODELS & PARTNERSHIPS** Stream Chair: **Scott Read**	**COMPLEX MINDS, COMPASSIONATE CARE** Stream Chair: **Sandra Sullivan**
1:30pm (Poster Pitch)	**THE MISSING PIECE – THE VALUE OF PALLIATIVE CARE VOLUNTEERS (01)** **Janet Pearce** Far West Local Health District	**RESPONDING TO AN AGEING POPULATION: SYSTEM-LEVEL REDESIGN OF PALLIATIVE CARE IN RESIDENTIAL AGED CARE HOMES (02)** **Susan Jenkins** Illawarra Shoalhaven Local Health District	**REDEFINING END-OF-LIFE CARE: A CLINICALLY SUPPORTED RELATIONAL CARE MODEL FOR INTEGRATED COMMUNITY-BASED SYSTEMS (03)** **Anne Kubiak** Full Circle – End of Life Matters	**BRIDGING MIND AND BODY AT THE END OF LIFE: EMBEDDED PSYCHIATRY WITHIN AN AUSTRALIAN PALLIATIVE CARE PROGRAM (04)** **Shalini Rajan** Supportive Care for Chronic Disease, Hunter New England Local Health District
1:35pm	**'FIXING THE FIXABLES'. SUPPORTIVE CARE AND HOSPITAL-IN-THE-HOME (HITH) SERVICES, WORKING TOGETHER (05)** **Dr Clare Jones and Monita Mesuria** St George Hospital	**IMPLEMENTING PACOP TO IMPROVE PALLIATIVE CARE OUTCOMES IN RESIDENTIAL AGED CARE (06)** **Renee Millen** Palliative Aged Care Outcomes Program (PACOP) – University of Wollongong	**CO-DESIGNING AN INNOVATIVE ORAL HEALTH MODEL OF CARE FOR PALLIATIVE CARE NURSES: AN AUSTRALIAN FIRST (07)** **Vipin Jain** Western Sydney University	**HOLDING COMPLEXITY: TRAUMA, ILLNESS AND CONTINUITY IN CARE AT THE END OF LIFE (08)** **Sarah Pullen** Hunter New England Local Health District
2:00pm	**TICKING OFF THE BUCKET LIST – MANAGING CHRONIC ILLNESS IN THE COMMUNITY (09)** **Val Maynes, Rebecca Thornley and Jacqui Burgess** St George Hospital	**WHEN DYING ISN'T DYING: REASSESSING DECLINE IN PATIENTS WITH CHRONIC KIDNEY DISEASE IN AGED CARE (10)** **Natividad Miles** Royal Prince Alfred Hospital	**'FROM PALM BEACH TO EDEN' A COLLABORATIVE PARTNERSHIP ENABLING AFTER-HOURS TELEHEALTH SUPPORT IN SOUTHERN NSW (11)** **Sevi Russell-Williams** HammondCare **Brigid White** Southern NSW Local Health District	**PERSON-CENTRED CARE IN A SILOED HEALTH SYSTEM: COMPLEXITY OF MENTAL HEALTH (12)** **Donna Waters** Community Palliative Care, Illawarra Shoalhaven Local Health District
2:25pm	**WHAT MATTERS MOST? TRANSFORMING CARE IN ADVANCED NON-MALIGNANT CHRONIC DISEASE (13)** **Sarah Pullen** Hunter New England Local Health District	**COLLABORATIVE MULTIDISCIPLINARY CARE ENABLING END OF LIFE CARE FOR A PATIENT WITH MND IN RESIDENTIAL AGED CARE (14)** **Donna Berry** Calvary Hospital Kogarah Will be presented by Usha Gurung & Michelle Leung-Cheng	**IMPROVING PALLIATIVE CARE IN AGED CARE SETTINGS: IMPLEMENTATION OF SPECIALIST PALLIATIVE CARE NEEDS ROUNDING ON THE CENTRAL COAST - A CPCIAC INITIATIVE (15)** **Megan Whittington and Janice Spinley** Central Coast Local Health District	**EXPLORING ASSOCIATIONS BETWEEN PAIN BURDEN AND PSYCHOSOCIAL DISTRESS IN A RURAL NSW PALLIATIVE CARE POPULATION (16)** **Felicity Bates** Mid North Coast Local Health District

TUESDAY 20 OCTOBER
(continued)

	STREAM 1 Ionic Room	STREAM 2 Doric Room	STREAM 3 Tuscan Room	STREAM 4 Corinthian Room
2:50pm (Poster Pitch)	**INTEGRATING PALLIATIVE CARE INTO NEPHROLOGY: A 10-YEAR KIDNEY SUPPORTIVE CARE EXPERIENCE (17)** **Natividad Miles** Royal Prince Alfred Hospital	**SYRINGE DRIVERS IN RESIDENTIAL AGED CARE FACILITIES FOR PALLIATIVE PATIENTS (18)** **Juan IX Cabredo** Prince of Wales Hospital		**STORYTELLING AT END OF LIFE: EVALUATING THE ESTABLISHMENT OF VOLUNTEER-LED BIOGRAPHY PROGRAMS IN PALLIATIVE CARE (19)** **Professor Megan Best** University of Notre Dame
2:55pm	**AFTERNOON TEA** Banquet & Exhibition Hall			
3:30pm	**CONCURRENT SESSIONS** Ground Floor			
	STREAM 1 Ionic Room **MANAGING COMPLEXITY** Stream Chair: **Sandra Sullivan**	**STREAM 2** Doric Room **COMPREHENSIVE CARE AT END OF LIFE** Stream Chair: **Bronwen Hewitt**	**STREAM 3** Tuscan Room **CARE MODELS & OUTCOMES** Stream Chair: **Lara Johnson**	**STREAM 4** Corinthian Room **PERSON CENTRED DEMENTIA CARE** Stream Chair: **Julie Mecham**
3:30pm (Poster Pitch)	**FEASIBILITY-TESTING A CO-DESIGNED BREATHLESSNESS EPISODE RECOVERY PLAN FOR PEOPLE WITH COPD AND THEIR SUPPORT PERSONS (20)** **Tim Luckett** University of Technology Sydney Will be presented by Mary Roberts	**OFF-SITE PLANNING: STRENGTHENING CONTINUITY AND SERVICE DEVELOPMENT IN PALLIATIVE CARE (21)** **Liliana D'Agostino** Bankstown-Lidcombe Hospital	**'SAFER AT HOME': NURSE PRACTITIONER-LED MODEL STRENGTHENING COMMUNITY NURSING PARTNERSHIPS IN AFTER HOURS PALLIATIVE CARE (22)** **Carmen Sanchez** Northern Sydney Home Nursing Service	**DEMENTIA ... THROUGH A DIFFERENT LENS (23)** **Tatjana Jokic** JK Corporate Resourcing
3:35pm	**LOCAL ERROR TO STATEWIDE CHANGE: TRANSFORMING CLONAZEPAM SAFETY (24)** **Joey Chan** Adolescent and Young Adult Hospice (AYAH)	**SOWING SEEDS OF HEALING: EVALUATION OF A BEREAVED PARENT PEER MENTOR PROGRAM (25)** **Naomi Mason** LadyBird Care Foundation	**PCOC VERSION 4: STRENGTHENING MEASUREMENT IN PALLIATIVE CARE TO ADVANCE EQUITY AND ACCESS (26)** **Le-Tisha Kable** Palliative Care Outcomes Collaboration	**UNEQUAL BURDENS: SOCIOECONOMIC DISADVANTAGE IN DEMENTIA CARE AND CAREGIVING (27)** **Joanne Lewis** Avondale University and University of Technology Sydney **Deborah Parker** University of Technology Sydney **Kristin Bindley** University of NSW and University of Technology Sydney
4:00pm	**DELIRIUM-RELATED DISTRESS IN PALLIATIVE CARE PATIENTS, FAMILY CARERS AND HEALTH PROFESSIONALS: A QUALITATIVE CONCEPT ANALYSIS (28)** **Kimberley Campbell** University of Technology Sydney	**REFRAMING WHAT MATTERS: THE EVIDENCE FOR PALLIATIVE REHABILITATION (29)** **Deidre Morgan** Flinders University	**THE ESTABLISHMENT OF A NEW SPECIALIST COMMUNITY PALLIATIVE CARE SERVICE (30)** **Trish Sutton and Charlene Casey** Prince of Wales Hospital	**THE ART OF BEING WITH: PATIENT AND FAMILY CENTRED CARE IN AN ADOLESCENT AND YOUNG ADULT HOSPICE (31)** **Anna Blechinger and Sophia Melocco Hill** Adolescent and Young Adult Hospice (AYAH)

TUESDAY 20 OCTOBER
(continued)

	STREAM 1 Ionic Room	STREAM 2 Doric Room	STREAM 3 Tuscan Room	STREAM 4 Corinthian Room
4:25pm	**WHEN CRISIS MEETS COMPASSION: PALLIATIVE CARE-EMERGENCY SERVICES PARTNERSHIP IN AN UNPREDICTABLE CASE (32)** **Dr Alexandra Fletcher and Julie Howard** HammondCare	**BRIDGING REFLEXIVE RESEARCH AND PRACTICE: CONSIDERATIONS FOR CULTURAL HUMILITY IN PALLIATIVE AND BEREAVEMENT CARE IN WESTERN SYDNEY (33)** **Nicole Winters and Jessie Phibbs** Supportive and Palliative Care, Western Sydney Local Health District	**EVALUATING A TAILORED MODEL OF PALLIATIVE CARE FOR PEOPLE WITH INTELLECTUAL DISABILITY (34)** **Dr Tawanwart Thipayawat** University of NSW Sydney	**EXPERIENCES AND BENEFITS OF ELDER CLOWNING FOR FAMILIES OF PERSONS WITH DEMENTIA IN LONG-TERM CARE (35)** **Sara-Jane Roberts** University of Technology Sydney
4:50pm (Poster Pitch)	**HOSPITAL IN THE HOME FOR PALLIATIVE CARE IN RESIDENTIAL AGED CARE FACILITIES (36)** **Michelle Leung-Cheng** Calvary Healthcare Kogarah	**ENHANCING NUTRITION CARE IN RURAL PALLIATIVE CARE SERVICES: A VIRTUAL MODEL FOR EQUITABLE DIETETIC SUPPORT (37)** **Leanne Baulch** Murrumbidgee Local Health District	**PHARMACEUTICAL SOCIETY OF AUSTRALIA NATIONAL PALLIATIVE CARE PROJECT SERVICE MODEL PILOTS (38)** **Megan Tremlett** Pharmaceutical Society of Australia	**A QUASI-EXPERIMENTAL STUDY OF SUPPORTED DECISION-MAKING TRAINING FOR THE AUSTRALIAN AGED CARE WORKFORCE (39)** **Leila Zhu** University of New South Wales
4:55pm	**CONFERENCE DAY 1 CONCLUDES**			
6:30pm	**'HARBOUR LIGHTS & A GOLDEN NIGHT' CELEBRATION DINNER COMMENCES** **WATERSEDGE AT CAMPBELL'S STORES** 25 Hickson Road, The Rocks You can enter the venue from the harbour side between Como Restaurant and Bar Lulu, or from Hickson Road. Look out for the orange heart to guide you to the entry. Celebration Dinner proudly sponsored by HammondCare Note: Pre-registration for the dinner was required. Please check with the PCNSW team if you are unsure.			
10:00pm	**CELEBRATION DINNER CONCLUDES**			

PROGRAM

WEDNESDAY 21 OCTOBER
Day 2 Conference Sessions

8:30am

REGISTRATION OPENS
Marble Foyer, Sydney Masonic Centre

ARRIVAL TEA & COFFEE
Banquet & Exhibition Hall

9:00am

CONFERENCE DAY 2 COMMENCES

KEYNOTE SESSION: CARING FOR CARERS
Grand Lodge

Chair: Sandra Sullivan
Vice President and Program Planning Committee Chair, Palliative Care NSW

PARTNERS IN CARE: RECOGNISING, SUPPORTING AND PARTNERING WITH CARERS
Dr Lukas Hofstaetter
Manager Research & Development, Carers NSW

COMING OF AGE IN PALLIATIVE CARE: BURDENS AND BLESSINGS OF CARING FOR PREMATURELY ILL PARENTS
Kelly Chan

OUR PALLIATIVE CARE STORY: FAMILY, COMPASSION, COMMUNITY
The Hughes Family in conversation with **Kirsty Blades**, CEO, Palliative Care NSW

10:15am

MORNING TEA
Banquet & Exhibition Hall

10:45am

CONCURRENT SESSIONS
Ground Floor

STREAM 1	STREAM 2	STREAM 3	STREAM 4
Ionic Room	Doric Room	Tuscan Room	Corinthian Room
INNOVATIONS IN SYSTEMS AND SUPPORTS **Proudly sponsored by the NSW Ministry of Health** Stream Chair: **Rachel Nash**	**BETTER ACCESS, BETTER EXPERIENCE** Stream Chair: **Megan Asbury**	**GROWING & SUPPORTING THE WORKFORCE** Stream Chair: **Scott Read**	**DEATH LITERACY & ADVANCE CARE PLANNING** Stream Chair: **Leesa Hoysted**

10:45am

PRELIMINARY DATA REGARDING EQUIPMENT SUPPORTING PALLIATIVE PATIENTS TO LIVE SAFELY AT HOME (40) **Greg Foreman** HealthShare NSW / EnableNSW	**CARING TOGETHER: CO-DESIGNING A CULTURALLY SAFE PAEDIATRIC PALLIATIVE CARE RESOURCE (41)** **Annette Vickery** Palliative Care Australia	**LEARNING EXPERIENCES OF NURSING STUDENTS IN PALLIATIVE AND END OF LIFE CARE (42)** **Lisa Wong** Western Sydney University (Paramatta South Campus)	**WORKING TOGETHER TO STRENGTHEN DEATH LITERACY & EDUCATION IN REGIONAL AND RURAL COMMUNITIES (43)** **Maria Cambitzi** HammondCare **Shannon Elwell** Hunter New England and Central Coast Primary Health Network

11:10am

NANGA MAI – END OF LIFE CARE IN CAMPBELLTOWN EMERGENCY DEPARTMENT (44) **Dr Katie Maclean and Kayla Gloss** Campbelltown Hospital	**ANALYSIS OF PATIENTS' EXPERIENCES IN COMMUNITY PALLIATIVE CARE USING THE CONSIDERATE TOOL (45)** **Maree Montgomery** Murrumbidgee Local Health District – Palliative Care	**EMPOWERING AGED CARE NURSES TO DELIVER HIGH QUALITY PALLIATIVE AND END OF LIFE CARE (46)** **Nikita Cunningham** NSW Health – South Western Sydney Local Health District Palliative Care Service	**FROM AWARENESS TO ACTION: ADVANCING CARE PLANNING IN PRACTICE (47)** **Debra Clark** Sydney North Health Network **Kelly Arthurs** ANDCare

PROGRAM

WEDNESDAY 21 OCTOBER
(continued)

	STREAM 1 Ionic Room	STREAM 2 Doric Room	STREAM 3 Tuscan Room	STREAM 4 Corinthian Room
11:35am	**THE SUTHERLAND HOSPITAL EMERGENCY DEPARTMENT & GERIATRIC FLYING SQUAD PATHWAY – THE RIGHT CARE, AT THE RIGHT PLACE, AT THE RIGHT TIME, FOR THE RIGHT PERSON (48)** **Sandhya Chand** Sutherland Hospital, South Eastern Sydney Local Health District	**LISTEN TO ME. VOICES OF DOMESTIC VIOLENCE IMPACTING ON PALLIATIVE CARE (49)** **Joan Ryan** Royal Prince Alfred Hospital	**THE LIVED EXPERIENCE OF REGISTERED NURSES PROVIDING PALLIATIVE CARE IN THE COMMUNITY: A PHENOMENOLOGICAL STUDY (50)** **Emily Weston** Australian Catholic University / Western Sydney University	**PLANNING FOR A DEATH WITH AN ADDICTION (51)** **Sarah Blakemore and Dr Aarti Ganapathi** Drug and Alcohol Services, South Eastern Sydney Local Health District
12:00pm	**BUT WILL THEY COME BACK TO US: DISCHARGING SAFELY FROM SPECIALIST PALLIATIVE CARE (52)** **Nicola Farrer** Murrumbidgee Local Health District	**CO-DEVELOPING THE CALD-PC NAVIGATOR PROGRAM FOR NSW PALLIATIVE CARE SERVICES (53)** **Dr Jessica Lee** Concord Centre for Palliative Care, Concord Hospital **Dr Rayan Saleh Moussa** University of Technology Sydney	**THE POWER OF STORYTELLING: CONNECTION AND GROWTH THROUGH SCHWARTS ROUNDS (54)** **Lara Johnson** The Sutherland Hospital	**WHO GETS A SAY AT THE END? LGBTQ+ VOICES IN COMMUNITY END-OF-LIFE CARE (55)** **Zoe Hinton** ACON
12:25pm	**LUNCH** Banquet & Exhibition Hall Last chance to connect with the exhibitors			
	LEARNING LABS (overviews on page 13) Ground Floor			
	STREAM 1 Ionic Room	**STREAM 2** Doric Room	**STREAM 3** Tuscan Room	**STREAM 4** Corinthian Room
1:15pm	**IMPROVING RECOGNITION AND END OF LIFE PLANNING IN DEMENTIA: INTEGRATING THE FUNCTIONAL ASSESSMENT STAGING TOOL (FAST) WITH THE END OF LIFE CARE ASSESSMENT TOOL FOR DEMENTIA (EOLC ATD) IN AGED CARE SETTINGS (56)** **Dr Carolyn Bourke** Palliative Aged Care Network (PACN) **Jon San Martin** University of Technology Sydney **Lara McIntyre** Catholic Healthcare	**ADVANCING END OF LIFE COMMUNICATION AT CAMPBELLTOWN AND SOUTH WESTERN SYDNEY LOCAL HEALTH DISTRICT – SHAPES EOL COMMUNICATION (57)** **Dr Katie Maclean, Kayla Gloss and Richard Cracknell** Campbelltown Hospital **Daniela Quiroz and Rachael Williams** South Western Sydney Local Health District	**SUPPORTING PERSON- AND FAMILY-CENTERED QUALITY OF LIFE ACROSS THE PAEDIATRIC PALLIATIVE CARE JOURNEY (58)** **Natalie Hudson and Dr Maggie Mei Ki Winters** Sydney Children's Hospitals Network, The Children's Hospital at Westmead	**CARING WITHOUT BARRIERS: REDUCING INEQUITIES IN PALLIATIVE CARE FOR PEOPLE WITH INTELLECTUAL DISABILITY (59)** **Maria Heaton** South Eastern Sydney Local Health District **Meredith Laina and Usha Gurung** Calvary Health Care Kogarah
2:10pm	Make your way back to the Grand Lodge on level one for our **Special Guest & Closing Keynote Speaker**			

PROGRAM

WEDNESDAY 21 OCTOBER (continued)	
2:15pm	**CLOSING KEYNOTE SPEAKER: 10 SECONDS OF COURAGE** **NADINE CHAMPION** Grand Lodge Nadine Champion is an inspiring speaker, author and awarded martial artist who truly knows what it means to use "10 Seconds of Courage" to overcome obstacles and reach her potential. An energetic, dynamic and uplifting presentation, the perfect way to conclude our conference and to leave equipped with some new tools. *Nadine is exclusively represented by Saxton.*
3:00pm	**FAREWELL AFTERNOON TEA WITH NADINE CHAMPION** Marble Foyer
3:30pm	**CONFERENCE CONCLUDES** Coach transfer to Sydney Domestic Airport Terminals. Please see the PCNSW team to book your spot on the coach. The coach will depart at 3:30pm sharp, expecting to get to the airport between 4:00pm and 4:30pm, subject to traffic.

LEARNING LABS SESSION OVERVIEWS

A new addition to the State Conference. Learning Labs are presented by experts in their field and provide an opportunity for new or deeper learning on a particular topic. Choose your session on the day.

LEARNING LAB 1

Ionic Room

IMPROVING RECOGNITION AND END OF LIFE PLANNING IN DEMENTIA: INTEGRATING THE FUNCTIONAL ASSESSMENT STAGING TOOL (FAST) WITH THE END OF LIFE CARE ASSESSMENT TOOL FOR DEMENTIA (EOLC ATD) IN AGED CARE SETTINGS

By the end of this learning lab, participants will be able to recognise the older person with dementia's functional level using the FAST staging tool, apply FAST level to prompt/support application of the EoLC ATD, and use the guidance document to identify the persons holistic end of life needs. Key learning outcomes include being able to recognise and support personhood through person centred care planning and communication and building confidence to engage older people with dementia, their families/carers and decision makers in care discussions.

LEARNING LAB 2

Doric Room

ADVANCING END OF LIFE COMMUNICATION AT CAMPBELLTOWN AND SOUTH WESTERN SYDNEY LOCAL HEALTH DISTRICT – SHAPES EOL COMMUNICATION

Breaking bad news and discussing goals of care are core clinical responsibilities, yet many clinicians receive limited formal training in end of life communication. In 2021, Campbelltown Hospital, introduced a 2-hour end of life communication workshop which allowed a safe place to begin to explore how and when to have these conversations, allowed opportunities to practice these conversations and afforded time to explore possible barriers. These workshops have been extremely well received and have now been rolled out across SWS. In this learning lab we will review the program we have introduced, explore the logistics and discuss future goals and ideas, with lots of interactive moments along the way.

LEARNING LAB 3

Tuscan Room

SUPPORTING PERSON- AND FAMILY-CENTERED QUALITY OF LIFE ACROSS THE PAEDIATRIC PALLIATIVE CARE JOURNEY

A unique opportunity to improve your understanding of paediatric palliative care and to enhance your skills in caring for a child and their family. This learning lab will cover the definition of paediatric palliative care, quality of life care along the patient's journey: home, hospice, hospital, and decision-making in advance care planning. By the end of this session, you will be able understand the distinguishing features of paediatric palliative care, the role of the multidisciplinary team approach in a child's palliative care journey, and the clinical and ethical considerations in advance care planning in children and young people.

LEARNING LAB 4

Corinthian Room

CARING WITHOUT BARRIERS: REDUCING INEQUITIES IN PALLIATIVE CARE FOR PEOPLE WITH INTELLECTUAL DISABILITY

This learning lab explores the unique palliative care needs of people with intellectual disability and examines practical strategies to promote equitable, person-centred care across health, disability, and community services. Participants will gain a deeper understanding of systemic barriers, supported decision-making principles, inclusive communication approaches, and the importance of collaborative care planning. Through case studies and discussion, the workshop highlights opportunities to improve access, quality, and outcomes for people with intellectual disability and their families throughout their palliative care journey.